

Upcoming Camps

Anchorage

March 13-18, 2017 (day camp only)
Call 907-212-4962 for more information

Ketchikan

June 4-10, 2017
Call 907-228-8455 for more information

Nome

June 11-17, 2017
Call 907-852-1737 for more information

Bethel

June 18-24, 2017
Call 907-543-6063 for more information

Note

AHEC will attempt to place students in the location closest to their hometown. Exceptions will be made on a case-by-case basis.

For more information

Gloria Burnett, Director
gburnett3@alaska.edu
907-786-6705

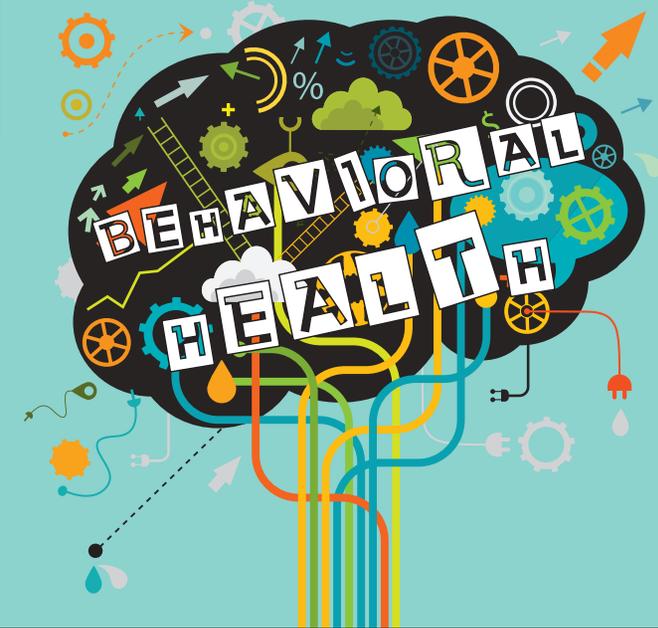
Dave Berry, Education Coordinator
drberry@alaska.edu
907-786-4853

<https://www.uaa.alaska.edu/academics/college-of-health/departments/ACRHHW/acrh-ahec/careers.cshtml>

Apply online

<http://bit.ly/PATHCamps>

Alaska's Area Health Education Centers



Behavioral Health Career Pathways for High-School Students

 **AlaskaAHEC**
Area Health Education Centers

What is behavioral health?

Behavioral health is the study of how humans act and how their behavior can be modified to promote greater happiness for the patient and others. It includes wellness techniques, abuse, neglect, addiction, grief, stress and mental health, among many other things.



“This camp was emotionally straining, but in a good way. I now feel confident that I know how to talk to people in bad situations. I had an amazing experience.”

Why attend Behavioral Health Camp?

Explore healthcare careers • Earn college credit • Get certified in mental health first aid • Learn self-care • Have fun!



Costs

All camps are FREE and include food, lodging and airfare. We would like to thank our funders: the Alaska Mental Health Trust Authority; the Alaska State Department of Education and Early Development; and the Health Resources and Services Administration.

What is Behavioral Health Camp?

Behavioral Health Camp is an opportunity for students ages 15-19 to explore different careers in this exciting area of healthcare. Students spend five days interacting with professionals in the field, including social workers, counselors, psychologists, psychiatrists, behavioral health aides and others. Activities include mock therapy sessions, self-care practices like yoga and hiking, and research and presentations on behavioral health topics.

“This program has really helped me decide on what I want to do in college. It’s very informative and very helpful.”



“Art therapy mostly caught my eye. I like the idea of creativity and how it actually helps individuals. This activity let me dig in deeper.”

